

Minutes
November 13, 2025
Southcentral Chapter Meeting
Online via Zoom

Mike Miller, chapter chair, called the meeting to order at 12:03 p.m.

Mike announced the State of Alaska [AlaskaCare Employee Open Enrollment](#) period was closing soon. The AlaskaCare health care plan has increases in premiums over the current plan year. The AlaskaCare standard plan is most comparable to the GGU Health Trust health care plan. Consider your plan needs before choosing a plan.

AlaskaCare continues to rein in plan costs with prior authorizations.

GLP-1 prescriptions for weight loss are authorized if you are 30 pounds overweight. If you are on GLP-1 currently, you will need to sign up with the Virta weight management plan. There is a 90-day grace period. Sign up for Virta so you don't have disruption in prescriptions.

Non-preferred prescription brands are addressed in the plan. Look for a formulary in December. You may see extra out-of-pocket costs for non-preferred prescription brands. The formulary is online at drb.alaska.gov/docs/materials/formularies/2025AlaskaCareEmployeePlanPrescriptionDrugFormulary.

Mike reminded participants that he represents us on the Health Benefits Evaluation Committee. Look at health care plans on the federal sites if you want to compare health care plans. AlaskaCare plans are reasonable.

Mike announced a survey for Confidential Employees Association and Supervisory Unit members. The [2026 TRAINING LMC SURVEY](#) will provide the Labor-Management Training Committee feedback on what training opportunities will be offered to CEA and SU employees.

Other training offerings are available on [AspireAlaska](#).

Mike announced the [APEA/AFT 2026 Biennial Caucus](#) will be in October 2026. Each union presents recommendations on where our affiliate should go. SU is the biggest local, we have 18 delegates to caucus. Certain delegate seats are filled by chapter chairs, vice chairs. We will have an election for the remaining delegates in mid-2026.

Marta Mueller, vice chapter chair, reported on back-to-school membership events themed "Bring Your Own Backpack".

Eleven families participated on August 11 in Wasilla. Fourteen families participated on August 12 in Anchorage at the APEA/AFT office. Guests received school supplies and pizza. A drawing was held for Alaska State Fair tickets.

The events were popular and we will plan to do them again next year.

The meeting participant list was used to complete the employee representative roll call.

Last	First	Present
Bukovich	Lorena	
Foster	Jason	
Heusser	Heather	Excused
Kusche	Kara	
McDonald	Kelly	
McDonald	Norm	
Milburn	James	
Miller	Mike	Yes
Mueller	Marta	Yes
Mullen	Janelle	
Paperman	David	Yes
Sanders	Cris	
Shryock	Benjamin	
Stewart	Kandi	
Vey	Kelli	
Watson	Tyler	
Williams	Mike	

Approximately 60 members and staff participated.